

QC

MUSIC:

Moniker a perfect fit for Moose Jaw punk-rock band **P. 8**

FOOD:

Relatouille uses up extra garden vegetables **P. 12**

WINE WORLD:

Châteaus produce sauvignon blanc at bargain prices **P. 19**



STEPPING UP FOR FAMILIES

HOW RONALD MCDONALD HOUSE BECOMES A HOME

FOR SO MANY

P. 4

IN THE CITY

SEPTEMBER 1, 2015 - 8:45 A.M.

Backpack to school



A pair of Redpolls is shown here foraged for the last of Douglas Park before migration. Sept. 1, 1965. Photo by Gary Nelson.

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ON THE COVER P. 4



Executive director, Saltire Foundation says Hannah Chapman's lifestyle has a welcoming, supportive spirit. QC PHOTO BY GREG PENDER

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Raitouville is an easy dish to prepare, but it takes time to chop the vegetables and cook them properly. QC PHOTO BY BENE KOSMAN

QC COVER PHOTO BY GREG PENDER

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ON THE COVER

When he got there, it was like, where is he going to stay? — *Rosilyn Buzszo*

RONALD MCDONALD HOUSE

A second home for families

By HenryTye
Glazebrook

When Roden and Owen Buzszo were born, their mother Rosilyn knew something was wrong when the latter twin came into the world struggling to breathe.

Owen had pulmonary valve stenosis, a condition in which a deformity on the heart allows blood flow into the lungs. Owen and his father, Tom, were flown quickly and safely from Regina to Saskatoon for emergency heart surgery. Rosilyn, having just undergone a cesarean section, had to stay behind.

"It all happened so fast. You don't even have time to think. We asked Owen he have time to go home and get stuff?" and they said, No. We have no idea when the flight crew's going to be here, and if you're not here when they are that's too bad," Rosilyn said.

She went with the clothes on his back. He had nothing. When he got there, it was like, where is he going to stay? There was no car because he'd flown out there with my son. He didn't see the Ronald McDonald House there."

That was the Buzszo family's introduction to the Ronald McDonald House. Soon they would come to view it as a home away from home.

Ronald McDonald House Charities is an international organization that provides affordable living for families with children 18 years of age or younger who are undergoing medical care. Saskatoon's house is the only one of its kind in Saskatchewan.

Flash forward four years and Rosilyn is now a proud mother of five. She lovingly recalls her sons off to sea on a long journey followed by two sets of twins — each of which had a brother who came into the world with a severe heart defect.

Quintin, who molies up the Buzszo's youngest pair alongside his brother Ethan, was born with only half a heart.



Rosilyn Buzszo and her sons Owen left and Quintin in their Regina home. Rosilyn first came to the Ronald McDonald House in Saskatoon while her sons were born and received medical care at the hospital.

Rosilyn's experience being separated from Owen during his consultations despite his happy ending had been a crushing experience for her. Thanks to her husband's time at the Ronald McDonald House, it was not the result she had to repeat.

"Even though I had children at

home that needed me, still not being able to be there for Owen really put a hole in my heart. When Quintin was born, we knew that we didn't want to have that happen again. The house has made it possible for all of us to stay together and support each other and be there for each other."

Keeping up with Quintin's condition has meant repeated trips to and from Saskatoon for the Buzszo family, with everything from blood work to changes in medication to multiple heart surgeries meaning another trip northward from their Regina home — and another stay

in the most scary home known by its patients as The House That Love Built.

After long stretches watching over her son at the hospital, Rosilyn described returning to the house to see that its volunteers had prepared a hot meal.

A lot of these people have their kids with them. They're coming back with a family that's tired from staying at the hospital or with kids doing chemo who aren't feeling good. Food is such an important thing — Darlene Kruger

"That's huge. That means you can stay at the hospital with your children all day and you can be there for them. When we're staying at the house as a whole family I don't have to worry about — ah my goodness — what am I going to cook for dinner tonight?"

When her mother died, Darlene Kruger learned firsthand how difficult it can be to do something as simple as cooking a decent meal in times of stress.

She remembers coming home from the hospital after sitting with her mom for hours, standing in the kitchen and feeling too drained to prepare any food. Now she's volunteering with the Ronald McDonald House to ease similar situations for other families.

"A lot of these people have their kids with them. They're coming back with a family that's tired from staying at the hospital or with kids doing chemo who aren't feeling good," she said.

"Food is such an important thing."

When Kruger retired in 2011, she looked to volunteering as a means of maintaining a regular day-to-day schedule while helping her community.

Though she wasn't entirely aware what the Ronald McDonald House was, she found it had a use for the strengths she'd developed over a career as a registered nurse and a home talk as a mother and grandmother.

"I had driven by it for 35 years that I had worked in Saskatoon and I never knew what it was. I read a little bit online and I realized — I love cooking and I love baking and I thought I would love to have a real senior job where I could use some of those skills."

Kruger is what's known as a grand volunteer. Though the Ronald McDonald House welcomes a wide range of special volunteers doing anything from gardening to music lessons, Kruger's average shift has her tackling a little bit of everything.



Darlene Kruger prepares food at Ronald McDonald House. She has combined her love of cooking with a desire to volunteer by preparing meals for people who stay at the facility. (COURTESY OF RONALD MCDONALD HOUSE)

We say quiet time is 11 o'clock, but there are sometimes moms baking at two in the morning because they can't sleep — and they can do that here. — Tammy Forester



Wood McDonald House executive director Tammy Forester says the goal of the house across the world is to make them feel like families, not institutions. QC doesn't see it that way.

Her specialty is digging through the fridge to see what food there is too much of and whipping together a meal from what's available. Other days she'll make sure the cookie jars are fully stocked with fresh loaves to welcome passing families. Sometimes she simply leads a sympathetic ear.

"Not that long ago I was sitting and peeling potatoes for the supper. One of the grandmas came in, and she was looking for someone to talk to," Kruger said.

"She was there supporting her family, who had a child in the hospital, and she was just needing for someone to sit and talk with her. She said, 'I don't want my family to

know how I'm feeling. They're dealing with so much.'"

...

The sight is not an uncommon one for volunteers and employees at the house. For the Ronald McDonald House, having personnel on hand to listen, give parents a break by strapping their baby around the clock or preparing a meal to welcome them back from the hospital is business as usual.

For the most part, they're just surprised when they get here because they don't know what to expect from a Ronald McDonald House unless they're born to one. I think they're overwhelmed by the support that un-

usually happens here," said Tammy Forester, executive director for the nation's Ronald McDonald House.

"We've got a really strong, caring, loving staff, but we also extend that to our volunteers."

Forester describes the house's initial 1985 design as being similar to a bed and breakfast, with families staying in its 13 rooms sharing one toilet and one bathroom. Last year, construction was finished on an expansion that added another 21 suites, 30,000 square feet and made sharing restrooms a thing of the past.

At only \$30 a night per family, the house offers a clear financial incentive for families in need. But, Forester says, typical visitors are a

blend of those who couldn't otherwise afford accommodations while their children seek medical care and those who rely on its services to make their stay in the city feel closer to their routine.

The house offers a host of amenities to make it feel more like home: two full kitchens, laundry on each of its four floors, a fitness center for parents, a hairdresser and patio ready for the heat of summer and even a media room with a Nintendo Wii for when poor weather keeps families hunkered indoors — all of which is available around the clock.

"We say quiet time is 11 o'clock, but there are sometimes moms baking at two in the morning because

they can't sleep — and they can do that here. It's that free-flowing ability to just be at home in this space," Forester said.

"I think most of the families really appreciated that opportunity to live here when they need it."

It all adds up to what Forester says is a welcoming, supportive spirit that sets the Ronald McDonald House apart from other temporary housing.

"That is really the goal of houses across the world: to make it feel like a home away from home, not to feel like an institution or a hotel. We want people to feel comfortable here. Some people stay for months, and that really is their home," she said.

The people there genuinely care about you. When you come home from a long day, they ask, 'How are things? How's your baby doing?' — Roelynn Buzzeo

The Buzzeos' longest stay in hospital was 42 days, and they thank the Ronald McDonald House for making such trying times a little easier.

"Without the house, I don't know that there'd have been a way for all of us to stay together as a family while Quinn was undergoing his life-saving surgeries. We'd want to get up with a family of seven!"

Between visits, Roelynn spends her spare time putting together and boxes of stuffed animals and care packages of small items — crayons and colouring books usually bring a smile — to hand deliver next time she's in Saskatoon. She says the posture is a small step toward returning some of the love she's felt walking through its doors.

"The people there genuinely care about you. When you come home from a long day, they ask, 'How are things? How's your baby doing?' They

have a genuine love and compassion for the children and the families that stay there."

Roelynn is also on the planning committee for the Red Shoe Walk, an event to mark its inaugural year taking place Sept. 12 in Saskatoon. Sept. 13 is Regina and other Saskatchewan cities. On those days, supporters of all ages will take part in a walk to raise awareness for the Ronald McDonald House and to provide their support for its cause.

"They've done so much for us and for our families. It's the very least that I can do in my every life to help support them in any way that I can. We're a large family. We're single-income, but I can give my time," she said. "It is a sense that's very close to our hearts. If there's anything I can do for the Ronald McDonald House, I do it."

Roelynn Buzzeo and her husband, Tim, with their children, from left: Hudson, Owen, Ethan and Quaiden in Regina. PC PHOTO BY THEA RUTHER



Roelynn Buzzeo and her husband, Tim, with their children, from left: Hudson, Owen, Ethan and Quaiden in Regina. PC PHOTO BY THEA RUTHER

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MUSIC

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JOHNNY 2 FINGERS AND THE DEFORMITIES

Dale creates his own guitar style

By Ashley Martin

Playing music is John Dale's priority.

It's why he lives on a leaky rented shack (his words). It's why he has two vehicles — one is a van specifically for the band's tour use. It's why he has maintained casual employment in spite of being offered managerial positions (not that he doesn't like his work at C-Storez All, an organization that offers support for people with intellectual disabilities).

"Being able to express myself is more important than making a comfortable wage," said Dale, frontman of Moose Jaw rock band Johnny 2 Fingers and the Deformities. "For the part of my mind that is rather logical, there's a lot of reason ways to make money to make a living."

But "there's something about playing my own listening to other music — and I get goosebumps," said Dale. "It's a release. It does more me."

When Dale was 17, a 10-year-old guitarist inspired him to learn to play.

But it was no easy feat. Dale was born with bilateral forearm pronator deficiency — deformed hips, club feet, short fingers — and two fingers fused on his right hand. Surgery at age three separated the digits.

Learning to play guitar was challenging because, for one thing, "my wrist doesn't work the same as other people."

For another, "I can't really go to YouTube and look for pick techniques. Nobody's got this thing."

Regular tasks of the trade don't work for Dale.

"When I very first started, I tried to do that tape a pick to my finger which didn't work very well — it fell off," said Dale. "I had to learn my own way."

His friend Dan McMillan teaches him an elaborate pick apparatus from Wilco and a milk jug. It was a "big cumbersome look that hung between my fingers and it attached



Johnny 2 Fingers & the Deformities. Photo by STEPHEN WILSON FOR LEADERPOST.COM

around my wrist" — but it broke.

Now Dale uses a pick designed by a prosthetist.

Playing guitar is complicated, but worthwhile because "it's a passion," said Dale. "It's frustrating during it, but you can't let that stuff consume you. You've got to go back and try to overcome your challenges otherwise you'll be a victim all your life."

"Just try to play through it and play better," Dale added, riffing on his guitar as he spoke.

Dale defied odds and singer-songwriter covers after Mack Sledge's hit disco. Personal ground too challenging to pull off solo.

Johnny 2 Fingers formed in 2011, when Dale started jamming with "Cannibal" Kelly Gower (drums)

harmonica/vocals), Russell Brett McKay (bass) and last year, Singer and "Jagged" Frank Pell '35, joins the trio as their Moose Jaw shows.

Dale writes songs about "real life things," but steers clear of love songs.

"It's overabundant," he said. "I want to show the world that there's other things to sing about than song

sing about your relationship in front of everybody else."

Johnny 2 Fingers and the Deformities are planning shows for the end of October. In the meantime, Dale has two solo shows scheduled — Sept. 12 at Indian Head, and Sept. 30 at the Regina German Club. ashley@leaderpost.com
facebook.com/qcregina

READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

HAROLD CHAPMAN

Sharing My Life: Building the Co-operative Movement

Sharing My Life: Building the Co-operative Movement is my memoir of over 40 years on the importance of co-operatives in building the economy and social fabric of Saskatchewan. I want that this social history will not be forgotten and that it will be passed on to younger generations.

I share how co-operatives have been and may be a vital part of the economy, sustainability and social development. This book is a road map to understand the history and present of the co-operative movement, and to celebrate the building and variety of co-operatives that have been organized over many decades.

A key part of *Sharing My Life* is the experience of adult education



Harold Chapman

and human development. The strength of strong co-operatives depends very much on co-op members understanding the democratic and business functions of co-operatives. There is an absolute necessity of education, and innovative thinking among co-operative members and civil society in order to foster an active and informed membership and citizenship.

I have worked nationally and internationally as an operative, organizing and I am grateful of the Danish Folk School message that "the main

real life of a co-operation without an education program is a greenhouse and a half." I feel this is as true now as ever.

Sharing My Life is a memoir written to help others think, understand and practice co-operativism. It is a contribution to an alternative view of how citizens can manage their economy and society as a co-operative, where people come before profits and where the social is first shapes the economic model.

The various chapters of my book give a panoramic view of the social and economic roots of co-operativism. They range from early influences, co-operative development, agricultural production co-operatives, co-

operative philosophy and principles, and adult learning and development — all interspersed with stories of my personal life experiences.

My experience with co-operative development and adult education and my commitment to the belief that people working together can create their own destiny motivated me to pick up my pen and go to work on my memoir. It is my hope that my account can serve the co-operative movement and inspire those committed to the practice of co-operative social change.

Sharing My Life: Building the Co-operative Movement can be purchased at McNally Robinson in Saskatoon or by contacting Harold Chapman at haroldchapman@sktel.net



Sharing My Life
Building the Co-operative Movement



Harold E. Chapman

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2015 Alumni Awards

Crowning Achievement



Jim Hopson BEd'75

Lifetime Achievement Award

When most people think about the accomplishments of Jim Hopson, they think about his ten year tenure as president and CEO of the Saskatchewan Roughriders and how he revitalized the Canadian Football League franchise. Fewer people know about his distinguished 30-year career in education. For his contributions in both fields, Hopson is the recipient of the 2015 Crowning Achievement Awards Lifetime Achievement Award recipient.

The award is given annually to the University of Regina graduate who exemplifies a lifetime of contributions in one or more fields, gives back to society, is a recognized leader and is an inspiration to members of the University's family.



Barry Clarke BAdmin'80

**Dr. Robert & Norma Ferguson Award
for Outstanding Service**

"I am strong believer that we need to give back to the institution that provided so much to us. It's easy to do so when I reflect on the many great memories from my time at the University of Regina."

So says Barry Clarke, the recipient of the 2015 Dr. Robert & Norma Ferguson Award, presented annually to the graduate who demonstrates outstanding volunteerism, leadership and service to the University of Regina and the University of Regina Alumni Association.





**Cherish Jean-Baptiste CA'03 (SIFC),
CCE'03 (SIFC), BAdmin'06 (FNUC)
Outstanding Young Alumni Award**

At only 32 years of age, Cherish Jean-Baptiste is already thriving in the public sector economic realm, and enriching her community in countless ways. For those reasons and others, Jean-Baptiste is the recipient of the University of Regina 2015 Growing Achievement Outstanding Young Alumni Award.

The award recognizes University of Regina graduates, under 35 years of age, who are making significant contributions to their communities and excelling in their fields of endeavour.



**Rob Deglau CCDEV'08 (CCE)
Distinguished Humanitarian and
Community Service Award**

Inner city leader, passionate community builder, urban visionary – these are just a few of the terms used to describe Rob Deglau, the recipient of the 2015 Growing Achievement Award for Humanitarian and Community Service. The award is presented each year to an individual who demonstrates distinguished community or voluntary service that has made a difference to the well-being of others and has made a positive impact on the community.



**Dr. Kristian Baker BSc(Hons)'92, MSc'95
Distinguished Professional Achievement Award**

Molecular Biologist, Dr. Kristian Baker has established herself as an exceptional scholar, educator, mentor, and leader, and is recognized as one of North America's prominent researchers in the area of RNA metabolism.

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SASKATCHEWAN FOOD SCENE

Ratatouille uses up extra garden vegetables

By Renee Kohlman

This is the time of year when gardens and nurseries are bursting with lovely fresh produce.

Here you can see neighbours and staff at each other's and homes to help with the inventory and I don't know anyone who would turn down an offer of homegrown tomatoes, but even then, there will come a time when you just have so much you need to use it up right now. That's where *ratatouille* comes into the picture.

From the French verb "ratteler" meaning "to stir up," *ratatouille* originated in the area around present day Nice as a peasant dish cooked up by farmers. This vegetable stew is the perfect project for a busy Sunday afternoon. While it's an easy dish to prepare, it does take some time to chop the vegetables and cook them separately.

However, since they are all in the pot, managing away you get it back and roll out and give the pot a bit of a stir every 20 minutes or so. For dinner vegetables, cook it for less time.

While it's perfectly acceptable to eat *ratatouille* the day after it's made, I prefer it warmed up the next day after the dinner has developed. Serve it warm as a bowl, decorated with your finest olive oil. Have a bowl of good bread at the ready. You may also like it with hot pasta, spoon it over pork chops, layer eggs in it and it makes a mighty fine soup (leaving The penultimate is out of order).

Ratatouille

- 1/2 large eggplants
- 2 large aubergines
- 1/2 small red peppers, chopped
- 1 medium onion, chopped
- 1 large zucchini, chopped
- 1/2 cup olive oil
- 1/2 cup red wine
- 2 cups garlic, minced
- 1/2 cup basil
- 1/2 cup thyme
- 1/2 cup smoked paprika
- 1/2 cup red chili flakes
- 1/2 cup honey
- 1/2 cup loosely packed (fresh best), sliced into ribbons
- 1/2 cup black olive oil
- 1/2 cup red wine
- 1/2 cup garlic

Instructions

Chop eggplant into uniform chunks. Place them in a steamer and steam for about 10 minutes. Let the eggplant hangover here while you prepare the rest of the vegetables.

The vegetables are cooked in batches, so be sure to place your chopped veg in separate bowls. Warm 1/2 cup olive oil to a very large pot.



Ratatouille does take some time to chop the vegetables and cook them separately, but once they are in the pot, you just stir and stir. **PHOTO BY RENEE KOHLMAN**

at least 1 litre over medium high heat. Add the sliced onion and a generous pinch of salt. Cook for about 10 minutes. Add peppers and cook until softened, 15 minutes. Transfer onion and peppers to large clean bowl.

Add another 1/2 cup olive oil and sauté onion and herbs with a bit of salt until medium is soft and beginning to brown, about 10 minutes. Transfer to bowl with onion and peppers.

Stir the eggplant under running water and squeeze out as much moisture as possible. Warm 1/2 cup olive oil and sauté eggplant until soft, about 10 minutes. Move 1/2 to the bowl with other vegetables. Deglaze pan with red wine, bring some to scrape up any brown bits from bottom. Pour this liquid into the bowl with vegetables.

Heat 1/2 cup olive oil in pot over medium high heat and add minced garlic. Cook until garlic is just golden and fragrant, being sure not to burn it. Add the tomatoes, bay leaves, thyme, sprigs smoked paprika and chili flakes. As the tomatoes bubble away, be sure to scrape up brown bits from bottom of pot. Add all of the cooked vegetables to pot and stir to make sure everything is evenly mixed. Bring stew to a simmer, uncovered, then reduce heat to medium low. Stir occasionally, simmer for at least one hour, longer for a more silky stew.

Remove bay leaves and thyme sprigs. Stir in honey, sliced red and balsamic vinegar. Reduce with salt and pepper. Divide into bowls, sprinkle with more sliced basil and a glug of good olive oil. Serve with bread, bread, bread. Makes a serving.

CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

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JANNIC CLASSIC SUDOKU

Level Silver

Fill in the blank cells using numbers 1 to 9. Each number can only appear once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle.

6	8	9	4	3				
	7		1					
	7			9				
1	4	2	8	7	5	3		
			5			4		
			5	3				
8	9	3	1	6				
1	6		8					

Solution to the crossword puzzle and the Sudoku can be found on Page 36

ON THE SCENE

DOUGLAS PARK SCHOOL

Back-to-school time is greeted with a gamut of emotions by students, parents and teachers. Some embrace it, others not so much. To ease the transition back into the classroom, Douglas Park School hosted an outdoor welcome event on Sept. 1, the first day of school. Mother Nature co-opted welcoming students with warm temperatures and sunshine — ideal for some school yard playtime before classes commenced.

QC PHOTOS BY DON HEALY



1. Connor Hunter and Jansen McHale.

2. Samuel and Jonathan Black.

3. Harlow and Jada Smith.

4. Braden Dobson.

5. Shyla Crowe Wilkman and Jayla Crowe.

6. Ethan Shumway.

7. Derby Blackett.

8. Mia Crane.

9. Garne Lejour and Abbi Shepley.

10. Finns Mulvey.



EVENTS

What you need to know to plan your week.
Send events and photos to QC@leaderpost.com

MUSIC

Wednesday, Sept. 8

Wednesday Night Folk
Redford
Bathweiser, 2205 Dewdney

The Alley Owls
Leopold, 2320 Albert St.

Ready Bechmen
Celine Sadeira Show Lounge
1810 Saskatchewan Dr.

Thursday, Sept. 10

Live music
Fox Lodge, 1822 Scard St.

Kamelo
8 p.m.-2 a.m. The Spa, 306
Albert St.

Friday, Sept. 11

Live music
4-7 p.m. Monarch Lounge,
Hotel Saskatchewan, 2125
Victoria Ave.

Weekly Drum Circle
Instruments provided
7:00-9 p.m., The United Spirit
Centre, 3015 Dean Dr. Call
Mike, 306-559-3791.

Kamelo
8 p.m.-2 a.m. The Spa, 306
Albert St.

Jomama
Edwards, 2300 Dewdney Ave.

Slow Motion Walter
McNally's, 2226 Dewdney Ave.

The Wall Walkers
The Pump, 641 Victoria Ave. E.

Saturday, Sept. 12

Swine in the Dark
Headliner Phil Minkin at
Victoria Park

Open Acoustic Jam
3:30-5 p.m. Emerald's
Lounge, 1207 Broadway Ave.

Live music jam



Phil Minkin and The Dear Kids performing at the Pump Saturday night at Victoria Park.

University Theatre
All types of music welcome.
Hosted by Tim Kozlowski
4-9 p.m. The Spa, 306 Albert
St.

Kamelo
8 p.m.-2 a.m. The Spa, 306
Albert St.

A-Maze
9 p.m. Broadway's Lounge
1207 Broadway Ave.

**Carlo Petrovitch tribute to
Benny Boline**
9 p.m. The Capitol, 1843 Ham-
ilton St.

Slow Motion Walter
McNally's, 2226 Dewdney Ave.

Jomama
Edwards, 2300 Dewdney Ave.

**The Dear Kids, Jumbo & the
Slough Sharks**
The Pump, 641 Victoria Ave. E.

Harvest Moon Festival
2-5 p.m. Maple Leaf Park, 1425
Avenue and Montreal Street

Sunday, Sept. 13

Deanne Mohr, piano
2 p.m. 12th Street Centre

Open Jam
3-4 p.m. Mojo Club, 639 Vic-
toria Ave.

Kamelo
8 p.m.-2 a.m. The Spa, 306
Albert St.

Monday, Sept. 14

Monday Night Jazz & Blues
around Midnight
Buffalo, 2205 Dewdney
University of Regina

Kamelo
8 p.m.-2 a.m. The Spa, 306
Albert St.

Tuesday, Sept. 15

Acoustic music
Hedberg, 1801 Dewdney Ave.

Kamelo
McNally's, 2226 Dewdney Ave.

Ron Scott and the Lost Socks
9 p.m. The Capitol, 1843 Ham-
ilton St.

The Peaske Pile
O'Hanlon's, 1467 Scard St.

Dan Williams

Compass Arts Centre
205 Lakeshore St.

VISUAL ART

**Mark Seaton, Catherine
Weiss**
Paints, primarily landscapes
of overlooked areas in the
grounds of the University of
Regina in Wascana Park.
Reception: Sept. 10, 4:30-7
p.m.
Sept. 8-Oct. 16, University
Club, Room 215, 2205 Dewdney,
University of Regina.

Jeanie Russell: Green Green
Works locally-sourced
wood
Sept. 10-30, 12, Mike Gallen,
105-1300 Broad St.

Rose Colored Glasses
Sweetness, with a dash of bit-
ter, this exhibition curates
portraits of some of House's
longtime models in the way
they wished to be portrayed,
rather than in the roles they
usually play as actors in
staged tableaux.
Sept. 10-Oct. 31, Art Gallery of
Regina, Neil Gellieville Civic Arts
Centre, 3420 Ophirstone St.

Summer Stills

New works by 14 of Saskat-
chewan gallery artists
through September. Open

Wednesday to Saturday, 11
a.m.-5 p.m. Nouveau Gallery,
2166 Albert St.

Margaret and Gerald Leconte
Myths Nature and Legends
Paintings of Canadian land-
scapes. Scott Nicholson Fine
Arts, Saskatoon.
Sept. 30, Regine Centre
Crossing, 1621 Albert St.

Function to Fantasy
A multi-artist exhibition fo-
cused on function, the visible
and the invisible.
Sept. 10-30, 3010 Fine Art Gal-
lery, 3076 Halifax St.

ITS HOUSE: Dress Codes
Exploring gender identity,
self-image and self-exprer-
sion, this exhibition includes
portraits of some of House's
longtime models in the way
they wished to be portrayed,
rather than in the roles they
usually play as actors in
staged tableaux.
Sept. 10-Oct. 31, Art Gallery of
Regina, Neil Gellieville Civic Arts
Centre, 3420 Ophirstone St.

**Summer in Contemporary
Canadian Fine Art**
Works of art explore Canadian

landscape and wildlife.
Sept. 10-Oct. 31, Scott Nicholson
Fine Arts, Regine Centre
Crossing, 1621 Albert St.

Edition Addition 2

A printing cross-section of
permanent-collection prints
(edition numbers 21-51) by
artists including Andy Warhol,
Mary Thel and Shervin
Ashtarians. The edition number
is a lot of a paradox—a
unique identification tag for
something that is not unique,
making the print's owner only
somewhat special.
Until Nov. 22, Muskoka Art
Gallery, 3475 Albert St.

Roulette Pouch (Re)Mixing
the Canvas

This exhibition encloses the
viewer with 360 portraits of
indigenous artists and
customers. Tackled in the midst
of these black and white por-
traits are images of a horror
sort: small canvases that
revisit the family albums of
David's childhood.
Until Nov. 22, Muskoka Art
Gallery, 3475 Albert St.

Assemblage Gallery

204-1930 South St.
Open Tuesday to Friday, 10
a.m.-5 p.m., Saturday 10
a.m.-5 p.m.

New! Red Ground

204-1930 South St.
Open Tuesday to Saturday, 10
a.m.-5 p.m.

Cultural Grid and Fine Arts
Oil and lin paintings by Chi-
nese artists Linping Jiang and
Wang Tian.
2333 34th St. Open Monday
to Saturday, 10 a.m.-5 p.m.

Plain Red Art Gallery

Represents indigenous visual
art practices, culture and his-
tory found in the province of
Saskatchewan, Canada and
globally.
Monday-Friday, 9 a.m.-4 p.m.
First Nations University, 1 First
Nations Way

EVENTS

What you need to know to plan your week.
Send events and photos to QC@leaderpost.com

PERFORMANCE

Linda Dancette reading
Sept. 10, 7 p.m.
Chapters, 2622 Gordon Rd.

Living Poets Society
Spoken word open mic night
Every Tuesday 7-9 p.m.
Hockey Lounge, 285 Broad St.

DANCING

Regina Ballroom Dancing Club
open registration
\$100 a year for weekly dance classes
Sept. 9, 7:30-9 p.m.
Lakewood United Church, 3200 McCullum Ave.

Salsa on the Place
Every Thursday 7-11 p.m.
Clay Square Plaza, downtown

Club 66 Dance
featuring Lene Caha
Sept. 11, 8 p.m.-midnight
Regina Senior Citizens Centre,
3204 Winnipeg St.

Contemporary Singles Social
club dance
Sept. 12, 8:30 p.m.-1 a.m.
Exiles Club Hall, 9000 Halifax St.

Regina Ballroom Dancing club
private dance
Sept. 12, 7:30-10:45 p.m.
Lakewood United Church, 3200 McCullum Ave.

SPORTS

HW Canada Live
High Impact Wrestling
Sept. 11, 7 p.m.
Humphrey Club, 1625 Miles St.

Queen City Monthlon
Sept. 12, 8:30 a.m.

Wassau Centre

Cross-country
Cougar Triat
Sept. 12, Lacrosse TRS

Women's soccer
U of R Cougars vs. Winnipeg
Sept. 12, noon
U of R Field

Regina Thunder vs. Saskatoon Hitlows
Sept. 12, 7 p.m.
Mosaic Stadium

Regina Falls vs. Brandon
pre-season
Sept. 12, 7 p.m.
Brandt Centre, Regina Place

Women's soccer
U of R Cougars vs. Manitoba
Sept. 12, noon
U of R Field

FOR FAMILIES

Jeansie Attack
Monster truck riding and racing
Apr. 3 and up, \$10 until Sept.
30 10:30 a.m.-10:30 p.m. North
side of the Treaty-Canada, east
of Prince of Wales Drive

Midland Snow Clinics
Build a snowed feature project.
For children age 5 and up
Saturday 10 a.m.
Lower, 4320 Gordon Rd.

Stars and Stripes
Wednesday, 1 p.m.
Charles O'Brien Southland
Mall, 3030 Gordon Rd.

Michener Kids Club
Saturday, 10 a.m.-noon
2086 Prince of Wales Dr.

Family Favourites films
Enjoy a favourite film for \$2.50.
Saturday, 11 a.m. Galaxy Cinema,
420 McCarty Blvd. N.

Family activities
Saturday and Sunday, 2 p.m.
Saskatchewan Science Centre,
2903 Powerhouse Dr.

Family Studio Sunday
Sunday, 3-4 p.m.
Mosaic Arts Gallery, 2675
Albert St.

Bubble Guppies Live! Ready to Rock
Sept. 16, 3:30 and 6:30 p.m.
Corus Arts Centre

Science Time for Kids
Interactive workshop aimed at
early learners
Tuesday, 9:30-10 a.m.
Saskatchewan Science Centre,
2903 Powerhouse Dr.

Drop-in crafts and gym
Free event for youth aged 10-16.
Tuesday, 4-6 p.m.
Eastview Community Centre,
415 6th Ave.

MUSEUMS

Alan Young School Museum
1800 4th Ave.
Tours by appointment only
(306-933-1600).

Government House Museum & Heritage Property
4827 Dawkins Ave.
Open daily 9 a.m.-5 p.m.

ICMHP Heritage Centre
3927 Dawkins Ave.
Open 10 a.m.-6 p.m. daily

Regina Firefighters Museum
1001 Ross Ave.
Tours by appointment (306-777-7742).

10th Anniversary Celebration



Yoga Mala is turning 10!
Saturday, Sept 26th | 6-10pm

\$5m+ arrival & complimentary wine

6:30-8:30pm | Testing stations and Food Truck
catered by **Craw Kitchen & Wine Bar**
8:00-10pm | celebration

Andrea Sosa exclusive concert

Sept 26th | 8am-12pm

Slow pulse testing

2 FREE beginner classes | 9:30am & 11am
(new students only)

The event will sell out!

Tickets

\$10 + gst per Ticket

SALE! \$30 for 1 month of unlimited yoga!
(new students only)



400-2020 11th Ave | 306-352-9642

www.yogamala.com

LEADER-POST 
FOUNDATION

2015 BURSARY WINNERS



Victoria Gagné

Harvest City Christian
Academy, Regina
—Commerce—
McGill University



Jennifer Packet

Assiniboia Composite
High School, Assiniboia
—International Economics—
University of British Columbia

The Leader-Post Foundation is pleased to announce the post-secondary students who have been awarded \$5,000 bursaries for 2015.

Since 1993, the Foundation has awarded close to \$400,000 to outstanding Saskatchewan students.

Recipients are chosen on the basis of demonstrated financial need, awards and achievements, community and school involvement and acceptance at a recognized post-secondary institution.

LEADER-POST 
FOUNDATION

Supporting Community and Education

Bursary applications can be obtained any time after January 1, 2016 at:
Leader-Post 1904 Park Street Regina, SK S4P 3G4, Email: jfoth@leaderpost.com



OUTSIDE THE LINES

Colouring contest

Each week artist Heather Makay creates a family illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to gc@leaderpost.com. One winner will be chosen each week.

Please send **high-resolution pictures** and include the child's **name and contact information**.



Last week's GC drawing contest winner Ash **Kothakota** takes home. Congratulations! Thanks to all for your colourful submissions. Try again this week!



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APR
on \$25K
for 36 mos

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\$10,99



\$2,500



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NISSAN SENTRA — TOP SAFETY AND TOP QUALITY ONLY IN 2015 NISSAN SENTRA



\$17,218* - **\$4,520**
= \$12,698 ON SOGGITO LA 8 MR



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